

T H A T

U F O

P O D C A S T

EXPERIENCERS: ROBIN



1
00:00:00,000 --> 00:00:05,510

[Music]

2
00:00:08,710 --> 00:00:06,789

there's a whole fleet of them look on

3
00:00:10,950 --> 00:00:08,720

the assay

4
00:00:14,310 --> 00:00:10,960

oh my gosh they're all going against the

5
00:00:18,950 --> 00:00:16,390

it was basically a cube with inside of

6
00:00:23,940 --> 00:00:18,960

sphere where the points of the cube

7
00:00:37,110 --> 00:00:33,200

[Music]

8
00:00:38,709 --> 00:00:37,120

[Applause]

9
00:00:40,950 --> 00:00:38,719

so this isn't anything that just is

10
00:00:48,790 --> 00:00:40,960

limited to the united states it's a

11
00:00:53,670 --> 00:00:50,470

joining me now for the first in the

12
00:00:55,910 --> 00:00:53,680

series of experiercer shows i have robin

13
00:00:57,670 --> 00:00:55,920

lasseter a member of the experencer

14

00:01:00,389 --> 00:00:57,680

group joining me robin welcome to the

15

00:01:01,590 --> 00:01:00,399

podcast thank you so much for having me

16

00:01:03,750 --> 00:01:01,600

andy thank you

17

00:01:05,109 --> 00:01:03,760

no thank you for coming on and obviously

18

00:01:07,109 --> 00:01:05,119

thank you to jay who we're going to be

19

00:01:09,109 --> 00:01:07,119

speaking to as well for helping arrange

20

00:01:11,990 --> 00:01:09,119

this with some of you folks from the

21

00:01:14,310 --> 00:01:12,000

experencer group obviously i i read

22

00:01:16,870 --> 00:01:14,320

ralph blumenthal's article and it was it

23

00:01:19,030 --> 00:01:16,880

was fascinating great to see a name like

24

00:01:21,670 --> 00:01:19,040

ralph picking up the subject and running

25

00:01:24,950 --> 00:01:21,680

with it as he has and delving into some

26

00:01:26,950 --> 00:01:24,960

of the aspects of ufos uaps the

27

00:01:28,950 --> 00:01:26,960

phenomenon that maybe some other

28

00:01:30,550 --> 00:01:28,960

journalists aren't comfortable touching

29

00:01:32,310 --> 00:01:30,560

on so it's really good he's done that

30

00:01:34,310 --> 00:01:32,320

and i'm glad people yourselves are

31

00:01:35,830 --> 00:01:34,320

finally getting the opportunity to to

32

00:01:37,270 --> 00:01:35,840

have your stories told and that's

33

00:01:38,789 --> 00:01:37,280

exactly what i'm looking to do as part

34

00:01:41,590 --> 00:01:38,799

of this podcast robin is give people

35

00:01:43,030 --> 00:01:41,600

like yourself an opportunity to speak to

36

00:01:44,789 --> 00:01:43,040

an audience that may not have seen the

37

00:01:47,030 --> 00:01:44,799

article or may want to hear it in a

38

00:01:48,789 --> 00:01:47,040

different form kind of from your mouth

39

00:01:50,149 --> 00:01:48,799

basically so robin do you want to just

40

00:01:52,149 --> 00:01:50,159

tell the audience a little bit about

41

00:01:55,030 --> 00:01:52,159

yourself

42

00:01:57,190 --> 00:01:55,040

uh yes thanks so much yeah um i'm 42

43

00:02:00,149 --> 00:01:57,200

years old i

44

00:02:04,149 --> 00:02:00,159

grew up in southern colorado

45

00:02:05,429 --> 00:02:04,159

i live in colorado now i've had

46

00:02:07,990 --> 00:02:05,439

um

47

00:02:10,550 --> 00:02:08,000

you know i've had lifelong experiences

48

00:02:11,430 --> 00:02:10,560

that i

49

00:02:13,830 --> 00:02:11,440

have

50

00:02:15,990 --> 00:02:13,840

also taken a lifetime to sort of

51
00:02:17,830 --> 00:02:16,000
understand and put into

52
00:02:21,430 --> 00:02:17,840
a narrative that i can

53
00:02:24,070 --> 00:02:21,440
speak about and share with people

54
00:02:25,910 --> 00:02:24,080
and i am part of the experienter group

55
00:02:30,070 --> 00:02:25,920
as you said and

56
00:02:33,350 --> 00:02:30,080
even being part of ralph's article

57
00:02:35,670 --> 00:02:33,360
was so sort of improbable and unexpected

58
00:02:37,430 --> 00:02:35,680
that it's almost become part of the

59
00:02:39,270 --> 00:02:37,440
experience for me

60
00:02:40,949 --> 00:02:39,280
um

61
00:02:42,630 --> 00:02:40,959
and yeah i'm really glad that he did the

62
00:02:44,309 --> 00:02:42,640
article as well and that people are

63
00:02:46,550 --> 00:02:44,319

having a chance to speak about their

64

00:02:48,470 --> 00:02:46,560

experiences the the depth of what

65

00:02:51,190 --> 00:02:48,480

happens is so

66

00:02:53,990 --> 00:02:51,200

much more i think than people imagine

67

00:02:55,830 --> 00:02:54,000

and so being able to share

68

00:02:58,229 --> 00:02:55,840

something that i've kept inside for so

69

00:03:00,390 --> 00:02:58,239

long and was eventually unable to keep

70

00:03:02,070 --> 00:03:00,400

inside has been

71

00:03:04,630 --> 00:03:02,080

important for me i'm at the beginning of

72

00:03:05,910 --> 00:03:04,640

this journey so i've got some some

73

00:03:07,990 --> 00:03:05,920

nerves and

74

00:03:09,990 --> 00:03:08,000

um may stumble through it a bit but i'm

75

00:03:12,070 --> 00:03:10,000

happy to be here talking about it

76
00:03:13,910 --> 00:03:12,080
no thank you i've i've spent 18 months

77
00:03:14,949 --> 00:03:13,920
doing this podcast and still stumble

78
00:03:17,350 --> 00:03:14,959
through it so

79
00:03:19,430 --> 00:03:17,360
you're in good company now your your

80
00:03:21,110 --> 00:03:19,440
first experience robin it takes you back

81
00:03:22,710 --> 00:03:21,120
to when you are four years old is that

82
00:03:27,030 --> 00:03:22,720
correct

83
00:03:28,789 --> 00:03:27,040
it is yes and uh that experience

84
00:03:30,949 --> 00:03:28,799
even though i do count it as my first

85
00:03:32,390 --> 00:03:30,959
experience i i was so young and it was

86
00:03:34,789 --> 00:03:32,400
just part of

87
00:03:36,550 --> 00:03:34,799
i had a lot of experiences as a kid and

88
00:03:39,110 --> 00:03:36,560

it was part of just the landscape of my

89

00:03:40,550 --> 00:03:39,120

childhood and i

90

00:03:42,630 --> 00:03:40,560

i didn't know

91

00:03:44,710 --> 00:03:42,640

at that age that it wasn't just what it

92

00:03:47,350 --> 00:03:44,720

was like to be a human sort of you know

93

00:03:50,070 --> 00:03:47,360

so it wasn't until um

94

00:03:53,270 --> 00:03:50,080

until later in life that i

95

00:03:55,589 --> 00:03:53,280

realized how unusual it was and uh

96

00:03:57,910 --> 00:03:55,599

could reflect on it in relation to all

97

00:04:02,309 --> 00:03:57,920

the other experiences that i had but

98

00:04:04,949 --> 00:04:02,319

um that experience i i found myself

99

00:04:06,869 --> 00:04:04,959

awake uh downstairs

100

00:04:08,550 --> 00:04:06,879

which would have been difficult for me

101
00:04:09,990 --> 00:04:08,560
to get downstairs without waking up the

102
00:04:12,869 --> 00:04:10,000
rest of the house we lived in a very

103
00:04:16,150 --> 00:04:12,879
small um sort of creaky house

104
00:04:18,469 --> 00:04:16,160
and in front of me was this

105
00:04:19,590 --> 00:04:18,479
insectoid being

106
00:04:21,189 --> 00:04:19,600
um

107
00:04:23,350 --> 00:04:21,199
i was not afraid

108
00:04:28,310 --> 00:04:23,360
and

109
00:04:30,310 --> 00:04:28,320
called him immediately in my mind i just

110
00:04:31,830 --> 00:04:30,320
called him ant-man he had sort of an

111
00:04:34,070 --> 00:04:31,840
exoskeleton

112
00:04:35,749 --> 00:04:34,080
and um

113
00:04:38,629 --> 00:04:35,759

i got the sense that he was just there

114

00:04:40,629 --> 00:04:38,639

to check on me and i didn't know what to

115

00:04:43,270 --> 00:04:40,639

think of that or what to do with any of

116

00:04:45,110 --> 00:04:43,280

that but

117

00:04:47,110 --> 00:04:45,120

i think my next memory was just being

118

00:04:48,629 --> 00:04:47,120

back in bed the next morning it was it

119

00:04:49,990 --> 00:04:48,639

wasn't more remarkable than that

120

00:04:51,590 --> 00:04:50,000

although i do have a couple of other

121

00:04:54,070 --> 00:04:51,600

memories of

122

00:04:55,749 --> 00:04:54,080

of that being

123

00:04:58,469 --> 00:04:55,759

showing up

124

00:05:01,029 --> 00:04:58,479

in my life and childhood

125

00:05:03,350 --> 00:05:01,039

later on but that was

126

00:05:04,870 --> 00:05:03,360

that was the first sort of experience i

127

00:05:06,710 --> 00:05:04,880

had although throughout my whole

128

00:05:08,790 --> 00:05:06,720

childhood i had

129

00:05:10,629 --> 00:05:08,800

out of body experiences regularly which

130

00:05:12,950 --> 00:05:10,639

i also didn't know

131

00:05:14,150 --> 00:05:12,960

were unusual i didn't know that that's

132

00:05:16,150 --> 00:05:14,160

not what life

133

00:05:17,029 --> 00:05:16,160

was just like for people

134

00:05:19,670 --> 00:05:17,039

um

135

00:05:22,310 --> 00:05:19,680

but i i had

136

00:05:23,670 --> 00:05:22,320

a lot of out of body experiences

137

00:05:25,350 --> 00:05:23,680

a lot of

138

00:05:26,550 --> 00:05:25,360

sort of

139

00:05:27,909 --> 00:05:26,560

traveling

140

00:05:29,909 --> 00:05:27,919

up out

141

00:05:32,550 --> 00:05:29,919

of the top of my house

142

00:05:35,029 --> 00:05:32,560

with a sort of unseen but very felt

143

00:05:37,350 --> 00:05:35,039

presence next to me seeing the landscape

144

00:05:38,469 --> 00:05:37,360

recede um

145

00:05:40,550 --> 00:05:38,479

and

146

00:05:42,870 --> 00:05:40,560

often those experiences would be

147

00:05:45,670 --> 00:05:42,880

accompanied by sort of

148

00:05:47,189 --> 00:05:45,680

traumatic end of the world dreams

149

00:05:49,110 --> 00:05:47,199

which

150

00:05:52,629 --> 00:05:49,120

i've had my entire life as well sort of

151
00:05:56,950 --> 00:05:52,639
i call them armageddon dreams and i

152
00:05:59,029 --> 00:05:56,960
again until later in my life didn't know

153
00:06:00,469 --> 00:05:59,039
what you know how that

154
00:06:02,469 --> 00:06:00,479
how that went together with everything

155
00:06:04,550 --> 00:06:02,479
or what to do with that

156
00:06:07,110 --> 00:06:04,560
my family was not religious we didn't i

157
00:06:08,629 --> 00:06:07,120
had no context for that whatsoever

158
00:06:11,270 --> 00:06:08,639
but it was always

159
00:06:14,150 --> 00:06:11,280
you know explosions and suffering and

160
00:06:16,230 --> 00:06:14,160
humanity struggling and um

161
00:06:17,830 --> 00:06:16,240
and then often sort of a regeneration

162
00:06:21,110 --> 00:06:17,840
happening after that

163
00:06:22,710 --> 00:06:21,120

and i think that so from my earliest

164

00:06:24,309 --> 00:06:22,720

experiences i feel that i was sort of

165

00:06:26,870 --> 00:06:24,319

instilled with this kind of mission

166

00:06:28,150 --> 00:06:26,880

about the planet and this real urgency

167

00:06:29,189 --> 00:06:28,160

that

168

00:06:30,870 --> 00:06:29,199

uh

169

00:06:33,029 --> 00:06:30,880

something was gonna happen and i needed

170

00:06:35,110 --> 00:06:33,039

to be ready for it that's that's been

171

00:06:36,710 --> 00:06:35,120

something that i felt my entire life so

172

00:06:38,390 --> 00:06:36,720

that's that's kind of what my childhood

173

00:06:40,710 --> 00:06:38,400

experiences were like

174

00:06:42,230 --> 00:06:40,720

no thanks for sharing that first off now

175

00:06:43,350 --> 00:06:42,240

when i think of you know dreams about

176

00:06:45,670 --> 00:06:43,360

the end of the world are those

177

00:06:47,670 --> 00:06:45,680

armageddon dreams that i think terminate

178

00:06:49,350 --> 00:06:47,680

her too when that scene she's in the

179

00:06:50,950 --> 00:06:49,360

park and is that what you're kind of

180

00:06:53,909 --> 00:06:50,960

getting at you know playground and

181

00:06:56,629 --> 00:06:53,919

explosion goes off and it's fire and

182

00:07:00,469 --> 00:06:56,639

death and those sorts of dreams yeah

183

00:07:02,790 --> 00:07:00,479

um yeah yeah actually not um i always

184

00:07:04,469 --> 00:07:02,800

they always seem to sort of until later

185

00:07:06,469 --> 00:07:04,479

in my life they seem to kind of happen

186

00:07:07,749 --> 00:07:06,479

at a distance i would i could i had a

187

00:07:10,790 --> 00:07:07,759

sort of

188

00:07:13,189 --> 00:07:10,800

high view of them but um but yes big

189

00:07:14,629 --> 00:07:13,199

explosions on the horizon

190

00:07:17,110 --> 00:07:14,639

uh

191

00:07:18,629 --> 00:07:17,120

spreading over the earth and

192

00:07:19,749 --> 00:07:18,639

just

193

00:07:21,990 --> 00:07:19,759

um

194

00:07:24,070 --> 00:07:22,000

people suffering a lot of turmoil a lot

195

00:07:26,870 --> 00:07:24,080

of running a lot of

196

00:07:28,230 --> 00:07:26,880

fear that kind of thing yeah

197

00:07:29,909 --> 00:07:28,240

now um

198

00:07:32,150 --> 00:07:29,919

when you say you had a high view that

199

00:07:33,749 --> 00:07:32,160

would potentially mean you were you were

200

00:07:35,670 --> 00:07:33,759

viewing it from

201
00:07:37,589 --> 00:07:35,680
you given what we're talking about like

202
00:07:39,589 --> 00:07:37,599
a craft or you could be on board

203
00:07:40,950 --> 00:07:39,599
something looking down is it something

204
00:07:42,710 --> 00:07:40,960
that you feel was

205
00:07:44,550 --> 00:07:42,720
definitely a dream or is it a

206
00:07:46,790 --> 00:07:44,560
possibility these were

207
00:07:48,230 --> 00:07:46,800
visions of something that could happen

208
00:07:50,309 --> 00:07:48,240
you know you hear about alternate

209
00:07:52,869 --> 00:07:50,319
timelines or are you quite sure they

210
00:07:53,990 --> 00:07:52,879
were just vivid dreams

211
00:07:55,990 --> 00:07:54,000
um i

212
00:07:58,070 --> 00:07:56,000
my dream world is

213
00:07:59,670 --> 00:07:58,080

an incredibly rich place for me and i'm

214

00:08:03,350 --> 00:07:59,680

pretty

215

00:08:05,350 --> 00:08:03,360

of a normal dream and then what this

216

00:08:08,150 --> 00:08:05,360

what is this other thing and those

217

00:08:10,629 --> 00:08:08,160

dreams were always this this other thing

218

00:08:11,589 --> 00:08:10,639

and so i they

219

00:08:13,830 --> 00:08:11,599

they were

220

00:08:15,990 --> 00:08:13,840

they've they're incredibly real

221

00:08:17,510 --> 00:08:16,000

um

222

00:08:21,990 --> 00:08:17,520

i i guess the only thing that i can say

223

00:08:24,469 --> 00:08:22,000

is i do feel that i was being shown

224

00:08:27,029 --> 00:08:24,479

i was being shown these images and also

225

00:08:30,230 --> 00:08:27,039

being given this real sense of urgency

226

00:08:32,790 --> 00:08:30,240

around it and so i would

227

00:08:34,310 --> 00:08:32,800

even even young i would wake up and just

228

00:08:35,909 --> 00:08:34,320

not know what to do with that you know i

229

00:08:37,190 --> 00:08:35,919

just wouldn't but i would i would feel

230

00:08:38,870 --> 00:08:37,200

like

231

00:08:41,909 --> 00:08:38,880

there was something very important going

232

00:08:42,709 --> 00:08:41,919

on and nobody around me

233

00:08:47,030 --> 00:08:42,719

was

234

00:08:48,230 --> 00:08:47,040

the same feeling that i had so

235

00:08:50,310 --> 00:08:48,240

um

236

00:08:52,829 --> 00:08:50,320

you know i think later in my life as

237

00:08:56,630 --> 00:08:52,839

i've sort of put this together the idea

238

00:08:58,470 --> 00:08:56,640

of being shown a potentiality um or an

239

00:09:00,710 --> 00:08:58,480

alternate timeline or something does

240

00:09:03,110 --> 00:09:00,720

make sense but at the time

241

00:09:04,949 --> 00:09:03,120

it was just

242

00:09:07,430 --> 00:09:04,959

more than anything it just instilled in

243

00:09:10,550 --> 00:09:07,440

me this sense of mission and urgency and

244

00:09:13,590 --> 00:09:10,560

fear honestly it was uh

245

00:09:15,670 --> 00:09:13,600

i was i've been you know most of my life

246

00:09:17,350 --> 00:09:15,680

pretty afraid of you know it's very

247

00:09:18,230 --> 00:09:17,360

difficult for me to be on this planet

248

00:09:19,350 --> 00:09:18,240

and

249

00:09:21,269 --> 00:09:19,360

um

250

00:09:23,269 --> 00:09:21,279

i find the suffering really difficult

251

00:09:25,829 --> 00:09:23,279

and i it's very present for me and i'm

252

00:09:28,710 --> 00:09:25,839

very sensitive to it and i don't know if

253

00:09:30,389 --> 00:09:28,720

my experiences uh

254

00:09:33,350 --> 00:09:30,399

helped shape that or if that's just part

255

00:09:35,430 --> 00:09:33,360

of my nature but i i do think

256

00:09:38,389 --> 00:09:35,440

i do think that my experiences sort of

257

00:09:39,910 --> 00:09:38,399

put me into that state of just being

258

00:09:41,590 --> 00:09:39,920

conscious that there's something going

259

00:09:42,550 --> 00:09:41,600

on here that needs to be paid attention

260

00:09:48,389 --> 00:09:42,560

to

261

00:09:49,910 --> 00:09:48,399

creature

262

00:09:52,389 --> 00:09:49,920

that you said happened many times

263

00:09:53,990 --> 00:09:52,399

starting at four years old again was it

264

00:09:55,750 --> 00:09:54,000

something you remember through your life

265

00:09:57,990 --> 00:09:55,760

you've never forgotten it and then

266

00:09:59,590 --> 00:09:58,000

remembered it in later life that it

267

00:10:01,509 --> 00:09:59,600

could have been again one of these

268

00:10:03,829 --> 00:10:01,519

dreams because you seem to describe that

269

00:10:05,190 --> 00:10:03,839

as if that was a a physical event it

270

00:10:07,190 --> 00:10:05,200

happened you were awake you were

271

00:10:09,110 --> 00:10:07,200

conscious it was did i have that feeling

272

00:10:11,269 --> 00:10:09,120

that it definitely happened

273

00:10:15,190 --> 00:10:11,279

as you're awake now

274

00:10:20,710 --> 00:10:15,200

um the the first one especially did feel

275

00:10:24,870 --> 00:10:22,790

in reality although what i'll say is

276

00:10:26,310 --> 00:10:24,880

that so many of my experiences have

277

00:10:28,550 --> 00:10:26,320

happened in

278

00:10:31,829 --> 00:10:28,560

uh different states of consciousness

279

00:10:35,670 --> 00:10:31,839

that it it honestly does blur a little

280

00:10:37,750 --> 00:10:35,680

bit i've had experiences where

281

00:10:39,990 --> 00:10:37,760

you know there are beings that are in

282

00:10:42,230 --> 00:10:40,000

the room with me but

283

00:10:45,269 --> 00:10:42,240

the room doesn't look exactly the same

284

00:10:47,990 --> 00:10:45,279

you know so so trying to to put where

285

00:10:50,310 --> 00:10:48,000

exactly these experiences took place is

286

00:10:53,190 --> 00:10:50,320

difficult um that experience in

287

00:10:54,790 --> 00:10:53,200

particular did i do you know i was four

288

00:10:56,630 --> 00:10:54,800

so

289

00:10:58,870 --> 00:10:56,640

it's it's hard to say and memory is a

290

00:11:00,710 --> 00:10:58,880

funny thing but my sense of that was

291

00:11:02,389 --> 00:11:00,720

that it happened you know that that

292

00:11:03,829 --> 00:11:02,399

being was physically there that i was

293

00:11:06,790 --> 00:11:03,839

physically there

294

00:11:09,350 --> 00:11:06,800

um i do also have this memory and sense

295

00:11:11,670 --> 00:11:09,360

that there was some sort of

296

00:11:14,389 --> 00:11:11,680

light and

297

00:11:16,069 --> 00:11:14,399

sort of a shimmering in the air around

298

00:11:17,829 --> 00:11:16,079

him and

299

00:11:19,750 --> 00:11:17,839

you know later in life what i've what

300

00:11:21,670 --> 00:11:19,760

i've come to put together is that there

301

00:11:23,829 --> 00:11:21,680

was some sort of

302

00:11:26,230 --> 00:11:23,839

um

303

00:11:28,389 --> 00:11:26,240

doorway or something in between

304

00:11:30,389 --> 00:11:28,399

realities

305

00:11:32,310 --> 00:11:30,399

but at the same time yeah he felt like

306

00:11:35,030 --> 00:11:32,320

he was there i felt like i was there in

307

00:11:36,949 --> 00:11:35,040

the in the quote unquote real world yeah

308

00:11:38,550 --> 00:11:36,959

now when i was reading that the article

309

00:11:40,230 --> 00:11:38,560

you were very candid and you talked

310

00:11:42,150 --> 00:11:40,240

about there were years in your life

311

00:11:44,230 --> 00:11:42,160

where there was like alcohol but is it

312

00:11:46,710 --> 00:11:44,240

fairly alcohol abuse or just excessive

313

00:11:48,230 --> 00:11:46,720

drinking yeah um again i appreciate

314

00:11:49,750 --> 00:11:48,240

that's the difficult thing to talk about

315

00:11:51,670 --> 00:11:49,760

and you've spoke about that in the

316

00:11:53,670 --> 00:11:51,680

article you mentioned again there's a

317

00:11:55,910 --> 00:11:53,680

turbulent period in your life a lot of

318

00:11:57,590 --> 00:11:55,920

drama and you you're honest that you

319

00:12:00,230 --> 00:11:57,600

felt you were running from it

320

00:12:01,190 --> 00:12:00,240

did the experiences during this time in

321

00:12:03,750 --> 00:12:01,200

your life

322

00:12:05,430 --> 00:12:03,760

stop because in reading the article i

323

00:12:07,910 --> 00:12:05,440

get the feeling it goes to that age of

324

00:12:10,470 --> 00:12:07,920

nine or ten and then you mention getting

325

00:12:13,750 --> 00:12:10,480

sober in your early 30s and the

326

00:12:15,750 --> 00:12:13,760

experiences begin again so was it a time

327

00:12:17,190 --> 00:12:15,760

during those kind of turbulent years

328

00:12:19,190 --> 00:12:17,200

where you weren't having those same

329

00:12:21,750 --> 00:12:19,200

experiences

330

00:12:27,829 --> 00:12:24,550

that's yeah that's that's correct i

331

00:12:30,870 --> 00:12:27,839

during that time during probably my

332

00:12:32,790 --> 00:12:30,880

uh late teens until my early thirties it

333

00:12:35,430 --> 00:12:32,800

was just a very very turbulent part of

334

00:12:37,030 --> 00:12:35,440

my life yeah and i and i attribute it

335

00:12:39,590 --> 00:12:37,040

you know i'm just i attribute it to

336

00:12:41,590 --> 00:12:39,600

being so very sensitive to everything i

337

00:12:43,750 --> 00:12:41,600

just again found it

338

00:12:45,910 --> 00:12:43,760

very difficult to i didn't i've never

339

00:12:47,590 --> 00:12:45,920

really understood how it works here and

340

00:12:49,269 --> 00:12:47,600

what everybody's doing and how i'm

341

00:12:50,470 --> 00:12:49,279

supposed to do it and

342

00:12:53,509 --> 00:12:50,480

um

343

00:12:55,350 --> 00:12:53,519

and i i feel like i just sort of was a

344

00:12:57,590 --> 00:12:55,360

raw nerve to the world everything felt

345

00:12:58,550 --> 00:12:57,600

very difficult and confusing for me

346

00:13:02,629 --> 00:12:58,560

uh

347

00:13:07,509 --> 00:13:05,110

my entire life i've had um

348

00:13:09,670 --> 00:13:07,519

that sensitivity and so

349

00:13:11,829 --> 00:13:09,680

the dr you know i continued to have very

350

00:13:13,030 --> 00:13:11,839

profound dreams i've i had prophetic

351
00:13:15,750 --> 00:13:13,040
dreams i

352
00:13:17,990 --> 00:13:15,760
was um ex you know

353
00:13:19,910 --> 00:13:18,000
experimenting with all types of religion

354
00:13:21,110 --> 00:13:19,920
and spirituality trying to look for some

355
00:13:22,949 --> 00:13:21,120
meaning and

356
00:13:24,150 --> 00:13:22,959
uh

357
00:13:26,870 --> 00:13:24,160
but the

358
00:13:28,790 --> 00:13:26,880
the intensity of sort of the the

359
00:13:30,470 --> 00:13:28,800
non-human intelligent

360
00:13:33,110 --> 00:13:30,480
experiences

361
00:13:34,470 --> 00:13:33,120
did not happen during that time

362
00:13:37,350 --> 00:13:34,480
and do you think there's a potential

363
00:13:39,990 --> 00:13:37,360

that again if you're if you're ex having

364

00:13:42,069 --> 00:13:40,000

an excess of a substance such as alcohol

365

00:13:43,750 --> 00:13:42,079

that that could be potentially blocking

366

00:13:45,350 --> 00:13:43,760

those experiences that you don't have

367

00:13:47,990 --> 00:13:45,360

that clear mind do you think that was

368

00:13:50,790 --> 00:13:48,000

part of it

369

00:13:58,230 --> 00:13:53,110

i i do i absolutely think that that had

370

00:14:03,670 --> 00:14:01,030

i do think that

371

00:14:06,389 --> 00:14:03,680

that in addition to

372

00:14:07,829 --> 00:14:06,399

the substance itself and sort of the the

373

00:14:10,790 --> 00:14:07,839

running and the turning away and the

374

00:14:14,550 --> 00:14:10,800

numbing another big part of that was

375

00:14:16,790 --> 00:14:14,560

what it seems like is that every time i

376

00:14:18,949 --> 00:14:16,800

just sort of stopped running and just

377

00:14:21,350 --> 00:14:18,959

let my health myself have some space and

378

00:14:22,949 --> 00:14:21,360

let my health self have some

379

00:14:25,110 --> 00:14:22,959

stability

380

00:14:26,790 --> 00:14:25,120

uh then unexpectedly these things would

381

00:14:27,990 --> 00:14:26,800

start happening again which i always

382

00:14:29,670 --> 00:14:28,000

found sort of

383

00:14:31,269 --> 00:14:29,680

um slightly frustrating because i would

384

00:14:33,030 --> 00:14:31,279

sort of just feel like i got my feet

385

00:14:34,949 --> 00:14:33,040

underneath me and then these experiences

386

00:14:36,949 --> 00:14:34,959

would start again but i do see a

387

00:14:38,230 --> 00:14:36,959

correlation between

388

00:14:40,790 --> 00:14:38,240

um

389

00:14:43,430 --> 00:14:40,800

you know between alcohol and other

390

00:14:45,829 --> 00:14:43,440

substances and running and

391

00:14:48,069 --> 00:14:45,839

and sort of drama and not having the

392

00:14:49,750 --> 00:14:48,079

experiences and then stopping and

393

00:14:51,350 --> 00:14:49,760

getting some stability and then they

394

00:14:53,189 --> 00:14:51,360

would come back as if they were sort of

395

00:14:54,949 --> 00:14:53,199

just waiting for me to be available

396

00:14:56,870 --> 00:14:54,959

almost

397

00:14:59,030 --> 00:14:56,880

one of the experiences you talked about

398

00:15:01,990 --> 00:14:59,040

when they started back up again in your

399

00:15:03,750 --> 00:15:02,000

early 30s was that you were having again

400

00:15:06,710 --> 00:15:03,760

out of body experiences there was

401
00:15:09,350 --> 00:15:06,720
violent shaking um buzzing vibrations

402
00:15:11,110 --> 00:15:09,360
and and one of them a velvety darkness

403
00:15:13,990 --> 00:15:11,120
you were suspended in

404
00:15:16,550 --> 00:15:14,000
and then you you talk of being

405
00:15:18,310 --> 00:15:16,560
a gateway a pixelated gateway appeared

406
00:15:20,389 --> 00:15:18,320
that you felt you were drawn towards and

407
00:15:22,710 --> 00:15:20,399
the language you used in the article was

408
00:15:25,350 --> 00:15:22,720
it was like where we go when we die can

409
00:15:28,230 --> 00:15:25,360
you talk me through that experience

410
00:15:30,550 --> 00:15:28,240
that yes that that was actually uh as as

411
00:15:32,389 --> 00:15:30,560
sort of terrifying as it was that that

412
00:15:34,949 --> 00:15:32,399
became a real touchstone experience for

413
00:15:37,030 --> 00:15:34,959

me because it was so

414

00:15:39,110 --> 00:15:37,040

undeniably

415

00:15:41,430 --> 00:15:39,120

real you know i could i could kind of

416

00:15:43,030 --> 00:15:41,440

write off the dreams i could kind of you

417

00:15:44,629 --> 00:15:43,040

know write off

418

00:15:46,629 --> 00:15:44,639

some things that had happened to me but

419

00:15:49,430 --> 00:15:46,639

that experience was

420

00:15:50,949 --> 00:15:49,440

um was extraordinary and

421

00:15:52,150 --> 00:15:50,959

it began with

422

00:15:54,230 --> 00:15:52,160

you know i started having sleep

423

00:15:56,870 --> 00:15:54,240

paralysis which i'd never had before and

424

00:15:58,230 --> 00:15:56,880

i would i would you know if anybody's

425

00:16:00,470 --> 00:15:58,240

have it ever had it they know how

426
00:16:02,550 --> 00:16:00,480
terrifying that is and i had no context

427
00:16:03,590 --> 00:16:02,560
for it no idea what was going on

428
00:16:06,150 --> 00:16:03,600
um

429
00:16:08,470 --> 00:16:06,160
and for months i i fought and struggled

430
00:16:10,069 --> 00:16:08,480
with sleep paralysis and during that

431
00:16:12,949 --> 00:16:10,079
time yeah i would wake up the bed would

432
00:16:16,150 --> 00:16:12,959
be shaking or i would i would

433
00:16:17,990 --> 00:16:16,160
sort of be overtaken in sleep paralysis

434
00:16:19,670 --> 00:16:18,000
and then have an out-of-body experience

435
00:16:21,670 --> 00:16:19,680
and a being would take me out of my

436
00:16:23,670 --> 00:16:21,680
house and lots of things like this were

437
00:16:25,350 --> 00:16:23,680
happening um

438
00:16:26,949 --> 00:16:25,360

but i struggled against it all the time

439

00:16:28,870 --> 00:16:26,959

i really fought against the sleep

440

00:16:30,230 --> 00:16:28,880

paralysis because it's so terrifying

441

00:16:33,110 --> 00:16:30,240

when it happens

442

00:16:35,990 --> 00:16:33,120

and one night it was hours and hours and

443

00:16:38,310 --> 00:16:36,000

hours of just this rolling um you know i

444

00:16:40,790 --> 00:16:38,320

would i would force myself my body to

445

00:16:43,030 --> 00:16:40,800

move i would fall back again into the

446

00:16:45,910 --> 00:16:43,040

paralysis just fighting it fighting it

447

00:16:47,670 --> 00:16:45,920

and eventually again sort of a moment

448

00:16:49,110 --> 00:16:47,680

where i kind of turned towards the

449

00:16:51,350 --> 00:16:49,120

experience i

450

00:16:52,629 --> 00:16:51,360

i just kind of surrendered and thought

451
00:16:54,150 --> 00:16:52,639
to myself

452
00:16:55,749 --> 00:16:54,160
what would happen if i just stopped

453
00:16:57,910 --> 00:16:55,759
fighting this

454
00:17:00,949 --> 00:16:57,920
and it was terrifying it was really

455
00:17:02,310 --> 00:17:00,959
terrifying to stop fighting it because

456
00:17:03,910 --> 00:17:02,320
you know it feels like death it really

457
00:17:05,270 --> 00:17:03,920
does feel like something horrible is

458
00:17:06,309 --> 00:17:05,280
going to happen

459
00:17:08,870 --> 00:17:06,319
but i

460
00:17:09,990 --> 00:17:08,880
sort of you know braced myself stopped

461
00:17:13,110 --> 00:17:10,000
fighting it

462
00:17:15,590 --> 00:17:13,120
and when i did that

463
00:17:21,429 --> 00:17:18,390

my entire body began to buzz and vibrate

464

00:17:23,590 --> 00:17:21,439

i was overwhelmed by that buzzing and by

465

00:17:25,829 --> 00:17:23,600

light

466

00:17:26,949 --> 00:17:25,839

i could feel myself sort of dissolving i

467

00:17:29,029 --> 00:17:26,959

could feel

468

00:17:30,950 --> 00:17:29,039

uh

469

00:17:33,190 --> 00:17:30,960

my physical body or

470

00:17:34,950 --> 00:17:33,200

you know some some part of me kind of

471

00:17:37,590 --> 00:17:34,960

dissolving and

472

00:17:38,870 --> 00:17:37,600

as that happened i

473

00:17:41,350 --> 00:17:38,880

became

474

00:17:44,789 --> 00:17:41,360

really conscious of

475

00:17:47,270 --> 00:17:44,799

this cacophony of sound and it was so uh

476
00:17:49,510 --> 00:17:47,280
there was a density to the sound that

477
00:17:51,350 --> 00:17:49,520
it's hard to describe but it was it was

478
00:17:55,270 --> 00:17:51,360
so complete the sound and the light were

479
00:17:56,870 --> 00:17:55,280
so complete that i i was completely

480
00:17:58,310 --> 00:17:56,880
enveloped in that

481
00:18:01,430 --> 00:17:58,320
and

482
00:18:04,950 --> 00:18:01,440
ultimately i did find myself

483
00:18:07,270 --> 00:18:04,960
very conscious very present very awake

484
00:18:10,070 --> 00:18:07,280
um in this

485
00:18:11,750 --> 00:18:10,080
rich black velvety

486
00:18:13,669 --> 00:18:11,760
space

487
00:18:15,990 --> 00:18:13,679
that was

488
00:18:19,029 --> 00:18:16,000

not a vacuum it was full of intelligence

489

00:18:20,390 --> 00:18:19,039

it was full of um

490

00:18:21,990 --> 00:18:20,400

presence

491

00:18:26,310 --> 00:18:22,000

and

492

00:18:30,070 --> 00:18:26,320

of had this sense that it was you know

493

00:18:33,590 --> 00:18:31,590

carbonated bubbles you know that were

494

00:18:35,590 --> 00:18:33,600

just getting farther and farther away

495

00:18:37,669 --> 00:18:35,600

and i it was scary i was you know

496

00:18:39,190 --> 00:18:37,679

because i was i was sort of dissolving

497

00:18:41,990 --> 00:18:39,200

into nothing and

498

00:18:43,990 --> 00:18:42,000

and as that was happening um

499

00:18:46,789 --> 00:18:44,000

a sort of

500

00:18:49,510 --> 00:18:46,799

presence made itself known

501
00:18:51,590 --> 00:18:49,520
it felt feminine to me and

502
00:18:55,510 --> 00:18:51,600
she sort of beckoned me towards this

503
00:19:00,710 --> 00:18:58,470
this triangular sort of shaped

504
00:19:02,390 --> 00:19:00,720
uh space that was kind of pulling the

505
00:19:04,870 --> 00:19:02,400
little bubbles of me through it i felt

506
00:19:06,710 --> 00:19:04,880
like i was being drawn into this space

507
00:19:08,310 --> 00:19:06,720
and it was kind of happening faster and

508
00:19:10,789 --> 00:19:08,320
faster i feel like i was being sucked

509
00:19:13,510 --> 00:19:10,799
through into the space and as i

510
00:19:14,950 --> 00:19:13,520
sort of approached it i realized that

511
00:19:17,430 --> 00:19:14,960
was the thought that came to my head you

512
00:19:19,029 --> 00:19:17,440
know this if i go through here

513
00:19:20,710 --> 00:19:19,039

i will be where

514

00:19:23,590 --> 00:19:20,720

we go when we die

515

00:19:26,310 --> 00:19:23,600

and that terrified me and so with all of

516

00:19:27,590 --> 00:19:26,320

my sort of will i i pushed back away

517

00:19:28,549 --> 00:19:27,600

from that

518

00:19:31,590 --> 00:19:28,559

um

519

00:19:33,110 --> 00:19:31,600

i kind of slammed back into my body i

520

00:19:35,510 --> 00:19:33,120

sat up in bed

521

00:19:37,909 --> 00:19:35,520

and you know after having just the most

522

00:19:39,669 --> 00:19:37,919

profound experience of my life instead

523

00:19:41,430 --> 00:19:39,679

of getting up or

524

00:19:43,990 --> 00:19:41,440

writing about it or thinking about it i

525

00:19:46,470 --> 00:19:44,000

immediately laid back down

526

00:19:49,669 --> 00:19:46,480

my head hit the pillow i fell

527

00:19:51,590 --> 00:19:49,679

directly asleep and into a dream

528

00:19:53,350 --> 00:19:51,600

and in the dream

529

00:19:55,510 --> 00:19:53,360

i was standing near my childhood home

530

00:19:57,350 --> 00:19:55,520

and out of the horizon rose these four

531

00:20:00,630 --> 00:19:57,360

massive beings

532

00:20:02,630 --> 00:20:00,640

uh made of the same light and vibration

533

00:20:05,190 --> 00:20:02,640

that i had just experienced and they

534

00:20:06,950 --> 00:20:05,200

told me we're here when you're ready

535

00:20:08,870 --> 00:20:06,960

and that was it and

536

00:20:14,950 --> 00:20:08,880

it

537

00:20:16,710 --> 00:20:14,960

something had happened to me

538

00:20:18,630 --> 00:20:16,720

and it kind of set me on the next part

539

00:20:20,230 --> 00:20:18,640

of my journey

540

00:20:22,310 --> 00:20:20,240

do you think and i don't know if this is

541

00:20:23,590 --> 00:20:22,320

what you were getting at anyway when you

542

00:20:25,430 --> 00:20:23,600

had the

543

00:20:27,750 --> 00:20:25,440

the feeling of being drawn towards that

544

00:20:29,669 --> 00:20:27,760

light do you think if you had succumbed

545

00:20:31,669 --> 00:20:29,679

or gone that way that your physical body

546

00:20:32,830 --> 00:20:31,679

would have died

547

00:20:36,549 --> 00:20:32,840

uh

548

00:20:38,149 --> 00:20:36,559

i i have no idea i don't think so i

549

00:20:39,430 --> 00:20:38,159

don't think so i

550

00:20:41,270 --> 00:20:39,440

um

551
00:20:43,510 --> 00:20:41,280
often in my life i've looked back on

552
00:20:46,830 --> 00:20:43,520
that moment and i have had moments of

553
00:20:49,830 --> 00:20:46,840
regret you know sort of gosh

554
00:20:51,110 --> 00:20:49,840
what would that have been like to go to

555
00:20:53,029 --> 00:20:51,120
go through there and had i had the

556
00:20:54,149 --> 00:20:53,039
courage what would i have experienced

557
00:20:56,149 --> 00:20:54,159
and

558
00:21:00,710 --> 00:20:56,159
the red the red pillar blue pill like

559
00:21:03,110 --> 00:21:00,720
the moment yeah exactly exactly and i

560
00:21:05,190 --> 00:21:03,120
uh

561
00:21:17,590 --> 00:21:05,200
i

562
00:21:19,750 --> 00:21:17,600
was

563
00:21:22,230 --> 00:21:19,760

and you talked about you slammed back

564

00:21:24,470 --> 00:21:22,240

into your body so you're looking at if

565

00:21:26,950 --> 00:21:24,480

if i was in the room when that happened

566

00:21:29,190 --> 00:21:26,960

do you presume that i would have seen

567

00:21:31,510 --> 00:21:29,200

you just lying sleeping

568

00:21:33,750 --> 00:21:31,520

with i would have had no idea that you

569

00:21:35,430 --> 00:21:33,760

were having this experience that was

570

00:21:37,590 --> 00:21:35,440

your your consciousness was having the

571

00:21:39,750 --> 00:21:37,600

experience or do you think there's ever

572

00:21:41,510 --> 00:21:39,760

been a time that someone in the same

573

00:21:44,710 --> 00:21:41,520

room as you would have physically

574

00:21:46,630 --> 00:21:44,720

witnessed your body not being there

575

00:21:48,789 --> 00:21:46,640

um i

576
00:21:51,909 --> 00:21:48,799
think that you would have seen

577
00:21:53,029 --> 00:21:51,919
my body laying there still yeah um i i

578
00:21:55,590 --> 00:21:53,039
have had

579
00:21:58,149 --> 00:21:55,600
i've had one experience where i

580
00:22:01,350 --> 00:21:58,159
questioned whether my my actual physical

581
00:22:04,149 --> 00:22:01,360
body was taken as well

582
00:22:05,990 --> 00:22:04,159
but that that experiences and the other

583
00:22:07,830 --> 00:22:06,000
out of body experiences

584
00:22:09,909 --> 00:22:07,840
i believe that

585
00:22:11,909 --> 00:22:09,919
that it's a different body that i'm that

586
00:22:13,750 --> 00:22:11,919
i'm traveling and that my physical body

587
00:22:14,950 --> 00:22:13,760
was there

588
00:22:16,950 --> 00:22:14,960

and why was that what would have

589

00:22:18,630 --> 00:22:16,960

separated the one experience you feel

590

00:22:20,630 --> 00:22:18,640

your physical body may have may have

591

00:22:22,710 --> 00:22:20,640

gone to

592

00:22:23,750 --> 00:22:22,720

you know i i don't know i

593

00:22:25,430 --> 00:22:23,760

uh

594

00:22:28,070 --> 00:22:25,440

one of the characteristics of this

595

00:22:30,310 --> 00:22:28,080

phenomenon is that it's

596

00:22:32,470 --> 00:22:30,320

it makes no sense i can't figure it out

597

00:22:34,310 --> 00:22:32,480

i i can't i can't pin it down i can't

598

00:22:36,070 --> 00:22:34,320

wrap my head around it i

599

00:22:38,470 --> 00:22:36,080

um

600

00:22:40,710 --> 00:22:38,480

the the experience where i feel like my

601
00:22:43,830 --> 00:22:40,720
physical body even if it didn't leave

602
00:22:44,630 --> 00:22:43,840
the room that it it lifted

603
00:22:46,470 --> 00:22:44,640
uh

604
00:22:49,430 --> 00:22:46,480
started the same you know it started

605
00:22:51,750 --> 00:22:49,440
with sort of the buzzing and the light

606
00:22:52,870 --> 00:22:51,760
and the the sleep paralysis kind of

607
00:22:55,350 --> 00:22:52,880
feeling

608
00:22:57,190 --> 00:22:55,360
and during that experience the only

609
00:22:58,950 --> 00:22:57,200
difference was i looked

610
00:23:00,789 --> 00:22:58,960
down i was laying in bed and i sort of

611
00:23:02,950 --> 00:23:00,799
looked down my body and

612
00:23:05,830 --> 00:23:02,960
the covers were kind of tented as if i

613
00:23:08,630 --> 00:23:05,840

had as if my body had risen i don't

614

00:23:10,549 --> 00:23:08,640

uh i don't know if that's what happened

615

00:23:14,710 --> 00:23:10,559

i don't know it's the only time that

616

00:23:21,029 --> 00:23:17,270

like that's what happened um

617

00:23:23,590 --> 00:23:21,039

but these realms are tricky you know

618

00:23:25,270 --> 00:23:23,600

you then had another experience where um

619

00:23:26,549 --> 00:23:25,280

i get you mentioned that you're you're

620

00:23:29,350 --> 00:23:26,559

drinking at that point you were

621

00:23:31,990 --> 00:23:29,360

suffering depression and you saw beings

622

00:23:34,390 --> 00:23:32,000

when you had fell and broken your ankle

623

00:23:36,390 --> 00:23:34,400

and that that was around is that five

624

00:23:38,549 --> 00:23:36,400

six years ago now

625

00:23:41,190 --> 00:23:38,559

uh yep that's about that's just over

626
00:23:42,870 --> 00:23:41,200
five years that's day i got sober

627
00:23:46,070 --> 00:23:42,880
um and i

628
00:23:46,950 --> 00:23:46,080
yeah they the beings that appeared as i

629
00:23:49,669 --> 00:23:46,960
fell

630
00:23:51,269 --> 00:23:49,679
were the four beings who had appeared

631
00:23:53,990 --> 00:23:51,279
this they were the same beings they were

632
00:23:56,149 --> 00:23:54,000
the light and the buzzing the vibration

633
00:23:57,430 --> 00:23:56,159
and they appeared

634
00:24:00,789 --> 00:23:57,440
as i fell

635
00:24:03,110 --> 00:24:00,799
and it was a very slow motion moment and

636
00:24:05,190 --> 00:24:03,120
there was a lot of compassion and

637
00:24:06,950 --> 00:24:05,200
care

638
00:24:08,470 --> 00:24:06,960

and honestly this i mean i didn't really

639

00:24:11,750 --> 00:24:08,480

kind of expect this to be difficult to

640

00:24:13,990 --> 00:24:11,760

talk about but it is um

641

00:24:16,549 --> 00:24:14,000

but they told me that it was this or

642

00:24:18,710 --> 00:24:16,559

something worse and what i felt by that

643

00:24:20,310 --> 00:24:18,720

was that my life was

644

00:24:21,990 --> 00:24:20,320

it was pretty out of control it was

645

00:24:23,029 --> 00:24:22,000

pretty dark i was having a really hard

646

00:24:24,390 --> 00:24:23,039

time

647

00:24:27,029 --> 00:24:24,400

and

648

00:24:30,070 --> 00:24:28,070

um

649

00:24:32,070 --> 00:24:30,080

it's hard to talk about but i feel like

650

00:24:33,510 --> 00:24:32,080

i feel like i was stopped i do i really

651

00:24:35,830 --> 00:24:33,520

really feel like i was sort of stopped

652

00:24:37,590 --> 00:24:35,840

in my tracks like this needs to come to

653

00:24:39,909 --> 00:24:37,600

an end because

654

00:24:42,070 --> 00:24:39,919

it will not end well and i have other

655

00:24:44,630 --> 00:24:42,080

things that i need to be doing and so i

656

00:24:48,549 --> 00:24:46,390

i don't feel like it was

657

00:24:50,549 --> 00:24:48,559

i feel like they were involved or at

658

00:24:53,269 --> 00:24:50,559

least present for it

659

00:24:54,310 --> 00:24:53,279

um and there was compassion there so and

660

00:24:55,990 --> 00:24:54,320

love

661

00:24:57,269 --> 00:24:56,000

can you think why

662

00:24:59,269 --> 00:24:57,279

beings would

663

00:25:01,590 --> 00:24:59,279

approach and this this starts to get to

664

00:25:03,029 --> 00:25:01,600

the one of the issues many including the

665

00:25:04,549 --> 00:25:03,039

mainstream especially have with the

666

00:25:07,510 --> 00:25:04,559

experimenter

667

00:25:09,269 --> 00:25:07,520

phenomena why you because there are

668

00:25:12,230 --> 00:25:09,279

other people who again have been in

669

00:25:14,549 --> 00:25:12,240

places through alcohol abuse drug abuse

670

00:25:16,549 --> 00:25:14,559

or any other like sexual abuse

671

00:25:18,870 --> 00:25:16,559

and they potentially or we don't hear

672

00:25:20,149 --> 00:25:18,880

about them having these experiences

673

00:25:21,830 --> 00:25:20,159

why do you think

674

00:25:23,590 --> 00:25:21,840

you've had this through your life is

675

00:25:25,590 --> 00:25:23,600

there anything you can put your finger

676
00:25:26,470 --> 00:25:25,600
on with it

677
00:25:27,590 --> 00:25:26,480
um

678
00:25:34,149 --> 00:25:27,600
i

679
00:25:44,310 --> 00:25:34,159
that

680
00:25:45,510 --> 00:25:44,320
work

681
00:25:47,909 --> 00:25:45,520
uh

682
00:25:52,470 --> 00:25:50,870
beyond that no i don't know why why you

683
00:25:54,630 --> 00:25:52,480
know i think that's a question that a

684
00:25:56,390 --> 00:25:54,640
lot of experiencers have and a lot of

685
00:25:58,149 --> 00:25:56,400
experiencers have very

686
00:26:00,390 --> 00:25:58,159
um some of my experiences were terribly

687
00:26:02,149 --> 00:26:00,400
traumatic but overall they've ended up

688
00:26:03,750 --> 00:26:02,159

being a positive

689

00:26:05,830 --> 00:26:03,760

aspect in my life

690

00:26:07,430 --> 00:26:05,840

but for many people that's not the case

691

00:26:10,710 --> 00:26:07,440

they continue to be traumatic they

692

00:26:12,710 --> 00:26:10,720

continue to be invasive they're unwanted

693

00:26:14,950 --> 00:26:12,720

and i think that's a question that a lot

694

00:26:16,950 --> 00:26:14,960

of experiencers ask you know why me why

695

00:26:20,470 --> 00:26:16,960

is this happening to me and also you

696

00:26:22,390 --> 00:26:20,480

know very difficult to talk about

697

00:26:24,789 --> 00:26:22,400

with friends and family very difficult

698

00:26:27,269 --> 00:26:24,799

to to make sense of

699

00:26:29,750 --> 00:26:27,279

and an unanswerable question you know i

700

00:26:31,990 --> 00:26:29,760

don't i don't know why that is why some

701

00:26:34,149 --> 00:26:32,000

people and why not others

702

00:26:37,029 --> 00:26:34,159

what is that conversation like with

703

00:26:38,630 --> 00:26:37,039

friends and family how far can it go uh

704

00:26:40,230 --> 00:26:38,640

have a hard enough time like many who

705

00:26:42,950 --> 00:26:40,240

listen to this podcast just talking

706

00:26:44,789 --> 00:26:42,960

about ufos with everyday friends and

707

00:26:47,510 --> 00:26:44,799

that's just me chatting about the

708

00:26:48,630 --> 00:26:47,520

subject casually let alone having these

709

00:26:51,190 --> 00:26:48,640

intense

710

00:26:52,870 --> 00:26:51,200

life-altering experiences what is the

711

00:26:55,830 --> 00:26:52,880

impact of having that conversation with

712

00:26:58,070 --> 00:26:55,840

your kind of nearest and dearest

713

00:27:00,789 --> 00:26:58,080

um you know

714

00:27:02,789 --> 00:27:00,799

i did i over the years i did you know i

715

00:27:04,070 --> 00:27:02,799

kind of told people i would try to talk

716

00:27:06,710 --> 00:27:04,080

about it

717

00:27:08,950 --> 00:27:06,720

no one really understood there were

718

00:27:10,870 --> 00:27:08,960

times when people suggested i see a

719

00:27:13,909 --> 00:27:10,880

psychiatrist you know it

720

00:27:18,789 --> 00:27:16,549

what has happened to me in the past year

721

00:27:21,669 --> 00:27:18,799

because these

722

00:27:25,110 --> 00:27:21,679

experiences have i've not been i'm no

723

00:27:27,590 --> 00:27:25,120

longer able to bear them alone

724

00:27:30,789 --> 00:27:27,600

and so what has happened is that i kind

725

00:27:32,470 --> 00:27:30,799

of had to face yes this has been my life

726

00:27:35,430 --> 00:27:32,480

yes it's a really important part of my

727

00:27:39,350 --> 00:27:35,440

life i need a way to speak about it

728

00:27:41,269 --> 00:27:39,360

and as i did that um

729

00:27:44,470 --> 00:27:41,279

the process that i personally used was

730

00:27:46,789 --> 00:27:44,480

writing about it i i wrote all of this

731

00:27:49,430 --> 00:27:46,799

and i i kind of wrote my life so that i

732

00:27:51,029 --> 00:27:49,440

could see it and see how it all fit

733

00:27:53,110 --> 00:27:51,039

together a little bit better and then i

734

00:27:54,470 --> 00:27:53,120

gave that to my to my close family and

735

00:27:57,350 --> 00:27:54,480

friends to read

736

00:27:59,990 --> 00:27:57,360

and they

737

00:28:01,830 --> 00:28:00,000

i don't think anyone went oh i know what

738

00:28:03,669 --> 00:28:01,840

you're talking about this is yeah that

739

00:28:06,389 --> 00:28:03,679

happened to me last week nobody did that

740

00:28:08,070 --> 00:28:06,399

but what they did say was

741

00:28:10,470 --> 00:28:08,080

we know you better now

742

00:28:12,630 --> 00:28:10,480

and we know that this is real for you

743

00:28:14,870 --> 00:28:12,640

this is happening we we don't understand

744

00:28:16,950 --> 00:28:14,880

it but we you know i'm very lucky my

745

00:28:18,310 --> 00:28:16,960

family is like we love and support you

746

00:28:19,990 --> 00:28:18,320

we get that it's real for you we get

747

00:28:24,070 --> 00:28:20,000

that it's happening we don't quite know

748

00:28:25,110 --> 00:28:24,080

what to do with it but um

749

00:28:26,149 --> 00:28:25,120

that

750

00:28:27,990 --> 00:28:26,159

was

751

00:28:30,870 --> 00:28:28,000

actually really really wonderful for me

752

00:28:32,710 --> 00:28:30,880

because it let me

753

00:28:35,430 --> 00:28:32,720

uh they got they knew me better you know

754

00:28:38,310 --> 00:28:35,440

they knew me more just by you know me

755

00:28:40,710 --> 00:28:38,320

talking about these things other friends

756

00:28:42,149 --> 00:28:40,720

uh it is as if

757

00:28:43,990 --> 00:28:42,159

i'm speaking a different language like

758

00:28:46,149 --> 00:28:44,000

they they truly just can't receive it

759

00:28:48,470 --> 00:28:46,159

and that's okay you know i i

760

00:28:50,470 --> 00:28:48,480

i have had the experiences and i've been

761

00:28:51,269 --> 00:28:50,480

barely able to

762

00:28:52,630 --> 00:28:51,279

to

763

00:28:54,870 --> 00:28:52,640

um

764

00:28:56,710 --> 00:28:54,880

integrate them into reality and so

765

00:28:58,630 --> 00:28:56,720

people who haven't had these experiences

766

00:28:59,909 --> 00:28:58,640

like i understand i understand it's

767

00:29:02,310 --> 00:28:59,919

tough

768

00:29:04,389 --> 00:29:02,320

has a group like the experienter group

769

00:29:06,230 --> 00:29:04,399

with jay stewart and the others involved

770

00:29:08,630 --> 00:29:06,240

and i'm sure there are many who who

771

00:29:10,230 --> 00:29:08,640

don't come forward but maybe are getting

772

00:29:12,070 --> 00:29:10,240

in touch in the background or reaching

773

00:29:14,630 --> 00:29:12,080

out and and just ready to share their

774

00:29:16,389 --> 00:29:14,640

story has that been therapeutic for you

775

00:29:17,750 --> 00:29:16,399

as well being able to have that group of

776
00:29:20,070 --> 00:29:17,760
people sharing

777
00:29:21,830 --> 00:29:20,080
similar experiences if not exactly the

778
00:29:24,549 --> 00:29:21,840
same

779
00:29:27,909 --> 00:29:24,559
yes beyond words absolutely i

780
00:29:30,389 --> 00:29:27,919
the experiencer group um

781
00:29:32,310 --> 00:29:30,399
was an ex you know was and continues to

782
00:29:33,669 --> 00:29:32,320
be an extraordinary experience for me

783
00:29:36,070 --> 00:29:33,679
because i

784
00:29:37,510 --> 00:29:36,080
had kept all of this inside for so long

785
00:29:38,549 --> 00:29:37,520
i didn't read

786
00:29:41,669 --> 00:29:38,559
any

787
00:29:42,630 --> 00:29:41,679
i read whitley streepers book this year

788
00:29:43,830 --> 00:29:42,640

uh

789

00:29:46,149 --> 00:29:43,840

after

790

00:29:48,230 --> 00:29:46,159

leaving it on my mantel for a really

791

00:29:50,789 --> 00:29:48,240

long time in terror i could barely crack

792

00:29:52,789 --> 00:29:50,799

it you know but finally did read it and

793

00:29:54,630 --> 00:29:52,799

um but i never had any context for any

794

00:29:56,710 --> 00:29:54,640

of this i never i didn't have a

795

00:30:01,269 --> 00:29:56,720

community around it and being part of

796

00:30:05,590 --> 00:30:03,190

you know it's it is like finding someone

797

00:30:06,870 --> 00:30:05,600

who speaks my native language i i don't

798

00:30:09,830 --> 00:30:06,880

have to

799

00:30:11,669 --> 00:30:09,840

explain what an out-of-body experience

800

00:30:14,070 --> 00:30:11,679

is i don't have to explain that these

801
00:30:16,149 --> 00:30:14,080
experiences take place in different

802
00:30:17,909 --> 00:30:16,159
states of consciousness or defend that i

803
00:30:20,070 --> 00:30:17,919
don't have to say

804
00:30:21,590 --> 00:30:20,080
no but that's still real i you know it's

805
00:30:23,190 --> 00:30:21,600
still something that's happening to me

806
00:30:25,510 --> 00:30:23,200
everyone knows we're all there's all

807
00:30:27,110 --> 00:30:25,520
there's sort of a baseline of

808
00:30:30,149 --> 00:30:27,120
belief there because we've all come to

809
00:30:31,990 --> 00:30:30,159
terms with um at least the

810
00:30:33,830 --> 00:30:32,000
you know the personal reality of these

811
00:30:35,750 --> 00:30:33,840
experiences and so

812
00:30:37,190 --> 00:30:35,760
um

813
00:30:38,389 --> 00:30:37,200

also

814

00:30:40,070 --> 00:30:38,399

finding

815

00:30:41,350 --> 00:30:40,080

the commonalities

816

00:30:44,070 --> 00:30:41,360

in my

817

00:30:47,029 --> 00:30:44,080

story and other people's stories was

818

00:30:48,950 --> 00:30:47,039

shocking to me i i had always felt so

819

00:30:52,870 --> 00:30:48,960

alone in this and it's just been

820

00:30:55,029 --> 00:30:52,880

extraordinary to see and hear people

821

00:30:57,110 --> 00:30:55,039

who've had the same things happen and

822

00:30:58,789 --> 00:30:57,120

it's not you know the other thing about

823

00:31:00,389 --> 00:30:58,799

the experience or group that i love is

824

00:31:05,430 --> 00:31:00,399

it is

825

00:31:07,590 --> 00:31:05,440

all anomalous experiences so this the

826

00:31:11,269 --> 00:31:07,600

the times when i've when i've

827

00:31:14,070 --> 00:31:11,279

experienced ghosts and hauntings and

828

00:31:16,789 --> 00:31:14,080

physical beings showing up in my

829

00:31:18,789 --> 00:31:16,799

bedroom and out of body experiences and

830

00:31:21,669 --> 00:31:18,799

precognition and all of these things

831

00:31:23,710 --> 00:31:21,679

that i've had in my life

832

00:31:25,509 --> 00:31:23,720

fit together finally i didn't have to

833

00:31:28,470 --> 00:31:25,519

compartmentalize all of that i was able

834

00:31:30,950 --> 00:31:28,480

to integrate it and

835

00:31:32,549 --> 00:31:30,960

you know jay and stuart and kirsten the

836

00:31:34,310 --> 00:31:32,559

founders of the group

837

00:31:38,230 --> 00:31:34,320

they

838

00:31:40,870 --> 00:31:39,110

my

839

00:31:43,029 --> 00:31:40,880

you know the things i had sort of pushed

840

00:31:45,110 --> 00:31:43,039

off into the corner of my life

841

00:31:48,310 --> 00:31:45,120

and not been able to deal with have have

842

00:31:50,149 --> 00:31:48,320

become integrated and it's it is

843

00:31:51,350 --> 00:31:50,159

life-changing it was very profound for

844

00:31:53,750 --> 00:31:51,360

me

845

00:31:55,190 --> 00:31:53,760

and just wrapping up karen

846

00:31:57,430 --> 00:31:55,200

robin sorry i really appreciate your

847

00:31:59,350 --> 00:31:57,440

time and we've got karen coming on next

848

00:32:01,669 --> 00:31:59,360

week and we've got jay coming on as well

849

00:32:02,950 --> 00:32:01,679

and hopefully stuart too so i'm looking

850

00:32:04,950 --> 00:32:02,960

forward to speaking all of them and

851
00:32:06,710 --> 00:32:04,960
sharing their stories is there any

852
00:32:09,430 --> 00:32:06,720
advice you would go back and give your

853
00:32:11,029 --> 00:32:09,440
younger self uh as in the best way to

854
00:32:14,630 --> 00:32:11,039
deal and come to terms with these

855
00:32:16,789 --> 00:32:14,640
experiences growing up

856
00:32:19,430 --> 00:32:16,799
uh you know for me

857
00:32:22,470 --> 00:32:19,440
i never

858
00:32:25,190 --> 00:32:22,480
trusted myself and i ran a lot and i

859
00:32:27,029 --> 00:32:25,200
think that you know ultimately

860
00:32:30,230 --> 00:32:27,039
would i change anything i would not if

861
00:32:32,070 --> 00:32:30,240
this is my life and it has

862
00:32:34,070 --> 00:32:32,080
all of my experiences have really fueled

863
00:32:35,509 --> 00:32:34,080

my personal evolution but

864

00:32:37,750 --> 00:32:35,519

um

865

00:32:39,509 --> 00:32:37,760

i think i would tell myself to

866

00:32:40,310 --> 00:32:39,519

believe

867

00:32:45,269 --> 00:32:40,320

in

868

00:32:48,149 --> 00:32:45,279

that it is

869

00:32:49,110 --> 00:32:48,159

as valid if not more valid

870

00:32:51,590 --> 00:32:49,120

than

871

00:32:52,630 --> 00:32:51,600

sort of the exterior reflection the kind

872

00:32:53,990 --> 00:32:52,640

of

873

00:32:55,350 --> 00:32:54,000

culture where

874

00:32:57,509 --> 00:32:55,360

it seems like

875

00:33:01,430 --> 00:32:57,519

a lot of people are focused on

876

00:33:03,750 --> 00:33:01,440

uh kind of external success and and

877

00:33:06,230 --> 00:33:03,760

um this internal life that i've had and

878

00:33:08,630 --> 00:33:06,240

i kind of put off to the side is

879

00:33:10,310 --> 00:33:08,640

valuable and important and

880

00:33:11,830 --> 00:33:10,320

trustworthy

881

00:33:14,950 --> 00:33:11,840

and if someone is listening to this

882

00:33:17,430 --> 00:33:14,960

right now and they themselves are having

883

00:33:19,190 --> 00:33:17,440

or have had experiences similar to yours

884

00:33:22,149 --> 00:33:19,200

they can relate what advice would you

885

00:33:26,549 --> 00:33:25,269

uh i would say to go

886

00:33:28,310 --> 00:33:26,559

slowly

887

00:33:34,070 --> 00:33:28,320

and

888

00:33:35,590 --> 00:33:34,080

these things if that's what

889

00:33:38,870 --> 00:33:35,600

you're called to do

890

00:33:40,470 --> 00:33:38,880

um i can't recommend the experience or

891

00:33:42,230 --> 00:33:40,480

group highly enough

892

00:33:44,470 --> 00:33:42,240

there are uh

893

00:33:47,029 --> 00:33:44,480

literally you know hundreds of people

894

00:33:49,110 --> 00:33:47,039

there who can receive and hold a story

895

00:33:50,710 --> 00:33:49,120

like this and

896

00:33:52,470 --> 00:33:50,720

i think everybody's journey is different

897

00:33:54,549 --> 00:33:52,480

but for me it came to a point where i

898

00:33:57,190 --> 00:33:54,559

needed to talk about it and needed to

899

00:33:59,669 --> 00:33:57,200

integrate it and finding an incredibly

900

00:34:02,470 --> 00:33:59,679

safe space with people who didn't push

901
00:34:04,149 --> 00:34:02,480
me to get it all out in one go

902
00:34:06,950 --> 00:34:04,159
and allowed me to take the space and

903
00:34:08,629 --> 00:34:06,960
time i needed was was valuable

904
00:34:10,230 --> 00:34:08,639
and and for anyone who is looking for

905
00:34:12,389 --> 00:34:10,240
information of how to get in touch with

906
00:34:14,389 --> 00:34:12,399
the experiencer group that information

907
00:34:16,470 --> 00:34:14,399
will be in the link for the podcast and

908
00:34:17,990 --> 00:34:16,480
description as well that's been great

909
00:34:19,909 --> 00:34:18,000
speaking with you robin thank you very

910
00:34:22,149 --> 00:34:19,919
much for sharing your story to for with

911
00:34:23,669 --> 00:34:22,159
myself and the listeners on the podcast

912
00:34:26,149 --> 00:34:23,679
thank you so much and thank you for

913
00:34:26,950 --> 00:34:26,159

allowing space for experiencers to talk

914

00:34:28,550 --> 00:34:26,960

about

915

00:34:29,829 --> 00:34:28,560

their experiences personally i really

916

00:34:32,470 --> 00:34:29,839

appreciate that

917

00:34:33,669 --> 00:34:32,480

anyone anytime more than happy to listen

918

00:34:35,750 --> 00:34:33,679

thank you

919

00:34:37,750 --> 00:34:35,760

that is all for this week's show thank

920

00:34:39,909 --> 00:34:37,760

you very much for listening please

921

00:34:42,389 --> 00:34:39,919

remember to leave the podcast review on

922

00:34:44,710 --> 00:34:42,399

your chosen platform you can like

923

00:34:46,629 --> 00:34:44,720

retweet and subscribe that would all be

924

00:34:48,790 --> 00:34:46,639

very much appreciated the shows are

925

00:34:50,310 --> 00:34:48,800

being uploaded onto youtube as we speak

926

00:34:52,790 --> 00:34:50,320

more and more you can sign up at

927

00:34:55,510 --> 00:34:52,800

patreon.com forward slash that ufo

928

00:34:57,750 --> 00:34:55,520

podcast to access shows ad free as well

929

00:35:00,550 --> 00:34:57,760

please get in touch on twitter facebook

930

00:35:03,750 --> 00:35:00,560

instagram that ufo podcast of course on

931

00:35:05,829 --> 00:35:03,760

twitter it's at ufouapam

932

00:35:08,970 --> 00:35:05,839

and again folks as always keep looking

933

00:35:36,030 --> 00:35:08,980

up you never know what you might see

934

00:35:36,040 --> 00:35:51,190

[Music]

935

00:35:51,200 --> 00:36:05,750

cuz

936

00:36:10,950 --> 00:36:07,030

there was something on my head and

937

00:36:17,190 --> 00:36:11,910

noise they thought it was everything

938

00:36:34,230 --> 00:36:24,330

[Music]

939

00:36:34,240 --> 00:36:38,810

and what's that

940

00:37:11,190 --> 00:36:44,150

[Music]

941

00:37:11,200 --> 00:37:17,010

foreign

942

00:37:48,710 --> 00:37:23,250

[Music]

943

00:37:48,720 --> 00:37:54,310

so